



Maldives National Skills Development Authority



National Competency Standard for Lifeguarding

Standard Code: TOUS02V1/20

Qualification Name: National Certificate III in Lifeguarding

PREFACE

Technical and Vocational Education and Training (TVET) Authority was established with the vision to develop a TVET system in the Maldives that is demand driven, accessible, beneficiary financed and quality assured, to meet the needs of society for stability and economic growth, the needs of Enterprise for a skilled and reliable workforce, the need of young people for decent jobs and the needs of workers for continuous mastery of new technology.

TVET system in the Maldives flourished with the Employment Skills Training Project (ESTP) funded by ADB with the objective of increasing the number of Maldivians, actively participating in the labor force, employed and self-employed. The Project supported expansion of demand driven employment-oriented skills training in priority occupations and to improve the capacity to develop and deliver Competency Based Skill Training (CBST). The project supported delivery of CBST programs to satisfy employer demand-driven needs.

Recognizing the importance of developing the youth sector to enable Maldives to transition from an upper-middle-income country to high-income country, the World Bank Country Partnership Framework (CPF) proposes to finance the Maldives Enhancing Employability and Resilience of Youth (MEERY) project. As part of the MEERY project is financing for skills development and entrepreneurship in priority sectors such as tourism, ICT and construction sector MEERY continues to provide support to TVET Authority to develop National Occupational Standard, instructional materials, assessment resource book and trainees log book for the National Occupational Standard for "Lifeguard". As part of the MEERY Project, TVET Authority has only undertaken to review standard which were developed in the ESTP Project to increase the economic opportunities for youth's trainees and promote equitable economic & social development in the country.

The National Competency Standards (NCS) provide the base for this training. Currently CBST is offered for six key sectors in the Maldives: Tourism, Fisheries and Agriculture, Transport, Construction, Social and the Information and Technology sectors. These sectors are included as priority sectors that play a vital role in the continued economic growth of the country.

The NCS are developed in consultation with Employment Sector Councils representing employers. They are designed using a consensus format endorsed by the Maldives Qualifications Authority (MQA) to maintain uniformity of approach and the consistency of content amongst occupations. This single format also simplifies benchmarking the NCS against relevant regional and international standards. NCS specify the standards of performance of a competent worker and the various contexts in which the work may take place. NCS also describes the knowledge, skills and attitudes required in a particular occupation. They provide explicit advice to assessors and employers regarding the knowledge, skills and attitudes to be demonstrated by the candidates seeking formal recognition for the competency acquired following training or through work experience. By sharing this information, all participants in the training process have the same understanding of the training required and the standard to be reached for certification. Certification also becomes portable and can be recognized by other employers and in other countries with similar standards.

NCS are the foundation for the implementation of the TVET system in Maldives. They ensure that all skills, regardless of where or how they were developed can be assessed and recognized. They also form the foundation for certifying skills in the Maldives National Qualification Framework (MNQF).

NCS are developed by the Technical and Vocational and Education Training Authority of Ministry of Higher Education. The NCS are endorsed by the Employment Sector Councils of the respective sectors and validated by the Maldives Qualification Authority.



Mohamed Hashim
Minister of State for Higher Education
TVET Authority



Ahmed Nisham
Director, Standard Development & Statistics
TVET Authority



TECHNICAL PANEL MEMBERS			
#	Name	Designation	Organization
01	Ali Hashim	Executive Director	Ministry of Tourism
03	Mohamed Shizleen	Course Director / Head of School	Maldives Swimming and Lifesaving Skills Training School
04	Mohamed Abdul Rahman	Sub - Inspector of Police	Maldives Police Service
05	Mohamed Ziyau	Deputy Training Officer	Ministry of Defense
06	Shaziya Saeed	Vice President	Divers Association Maldives
07	Fahud Faiz	President	Maldives Free Diving Association
08	Hussain Aamil	Manager	Island Watersports
02	Mohamed Hamza	Freelance – Surf Guider	Maldives Surfing Association

VERSION	DEVELOPER	DATE	STANDARD CODE
V1	TVET Authority	2012	-
V2	Maldives Institute of Technology	05 th October 2020	TOUS02V2/20

EMPLOYMENT SECTOR COUNCILS

#	Name	Designation	Organization
01	Mariyam Noordeen	President	Chef's Guilds of Maldives
02	Dr. Sham'aa Abdullah Hameed	Education and Projects Manager	Parley Maldives
03	Fathmath Shifa	Assistant Director	Ministry of Tourism
04	Ali Adam	General Manager HR	Universal Enterprise / Maldives Association of Tourism Industry
05	Zoona Naseem	Co-founder	Moodhu Bulhaa Diving Centre
06	Aishath Neesha Mohamed Shahid	Deputy Managing Director	Maldives Marketing and Public Relations Corporation
07	Zubana Ibrahim	Assistant Director	Ministry of Economic Development
08	Mamdhoon Rasheed	Director	Ministry of Youth, Sports and Community Empowerment
09	Abdulla Su'ood	President	Maldives Association of Travel Agents and Tour Operators
10	Mohamed Wafir	Gold Member	Guesthouse Association of Maldives
11	Ali Hafeez	Lecturer	Faculty of Hospitality and Tourism Studies, Maldives National University

National Occupational Standard has been endorsed by:

<p>Mariyam Noordeen Chairperson Tourism Employment Sector Council</p> 	 <p>Dr. Sham'aa Abdullah Hameed Vice-Chairperson Tourism Employment Sector Council</p>
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Technical and Vocational Education and Training Authority
Ministry of Higher Education
Handhuvaree Hingun, M. World Dream
Male', Maldives

Date of Endorsement: 2012

Date of Revision: 05th October 2020

Standard Development Process

To begin with, Lifeguard occupations were profiled through study of the occupation across Maldivian workplaces. Referred occupational profiling process led to the development of the Draft Occupational Standard.

Referred draft occupational standard is then submitted to a team of Technical Panel (TP) selected from the Maldivian workplaces to review the Lifeguard Standard. The members of the TP provided technical support by recommending changes to the Lifeguard Standard through incorporation of units of competencies and editing of the already included competency units. Purpose of this process was to develop a standard that reflects authentic work practices of Lifeguard across the Maldives. Technical Panel meetings continued in reviewing the Lifeguard Standard until the Final Draft is developed and agreed among all the participating members.

Final Draft of the Lifeguard Standard is then submitted to the Tourism Employment Sector Council for endorsement and validation. A brief report on how the National Occupational Standard of Lifeguard was compiled is also presented to the Tourism Employment Sector Council together with the standard. Council members ensured that the industry needs, including all the core and common competencies presented in the Food & Beverage Service standard reflect the work practices of Lifeguard occupations across the Maldives. With further editing, Lifeguard Standard has been endorsed by the Council.

With the endorsement from the Tourism Employment Sector Council, final document of the National Occupational Standard of Lifeguarding is submitted to Maldives Qualification Authority (MQA) for approval. With approval from MQA, the National Occupational Standard of Lifeguarding is published on TVETA website, to be used by training providers in delivering Lifeguard Training programs across the Maldives.

Description of “Lifeguard”

Lifeguards play an important role in providing safety and security to those using Maldivian beaches and that include tourists as well as locals.

The role of a Lifeguard is to monitor and supervise aquatic activities. They are in charge of making sure all users follow the pre-established security measures to avoid injuries and other accidents. Lifeguards are also responsible for responding to any emergency that may occur in a timely manner.

Job opportunities upon completion of “National Certificate-3 in Lifeguarding”

Upon successful completion of the National Certificate III in Lifeguarding, students can work in the following jobs.

1. *Lifeguard position at the guest houses with beaches and swimming pools*
2. *Lifeguard positions at local Resorts*
3. *Lifeguard Trainer at Skills Training Institutions*
4. *Freelance Lifeguard services to beach events and can be self-employed*

KEY FOR CODING

Coding Competency Standards and Related Materials

DESCRIPTION	REPRESENTED BY
Industry Sector as per ESC (Three letters)	Construction Sector (CON) Fisheries and Agriculture (FNA) Information, Communication and Technology (ICT) Transport Sector (TRN) Tourism Sector (TOU) Social Sector (SOC) Foundation (FOU)
Competency Standard	S
Occupation with in an industry sector	Two digits 01-99
Unit	U
Common Competency	CR
Core Competency	CM
Optional / Elective Competency	OP
Assessment Resources Materials	A
Learning Resources Materials	L
Curricular	C
Qualification	Q1, Q2 etc.
MNQF level of qualification	L1, L2, L3, L4 etc.
Version Number	V1, V2 etc.
Year of Last Review of standard, qualification	By “/” followed by two digits responding to the year of last review, example /20 for the year 2020

1. Endorsement Application for Qualification 01		
2. NATIONAL CERTIFICATE III IN LIFE GUARDING		
3. Qualification code: TOUS02Q01L3V2/20		Total Number of Credits: 64
4. Purpose of the qualification This qualification describes performance outcomes, skills and knowledge required to train and develop competent lifeguards capable of providing safety and security to the large number of tourists and locals using Maldivian beaches and seas. The qualification is of significant importance as presence of lifeguards on the beaches will ensure reduced occurring of incidents such as drowning that are common across the Maldivian beaches and seas.		
5. Regulations for the qualification		National Certificate III in Life Guarding will be awarded to those who are competent in units 1+2+3+4+5+6+7+8+9+10+11+12+13+14+15
6. Schedule of Units		
Unit No	Unit Title	Code
Common Competencies		
01	Develop tourism industry knowledge	TOUCM01V2/20
02	Apply work ethics and professionalism	TOUCM02V1/20
03	Follow health, safety and security procedures	TOUCM03V2/20
04	Practice effective workplace communication	TOUCM04V2/20
05	Provide effective customer care	TOUCM05V2/20
06	Perform basic computer operations	TOUCM06V2/20
07	Provide first aid	TOUCM07V2/20
08	Respond to fire	TOUCM08V1/20
Core Competencies		
09	Interpret weather and environmental conditions for outdoor recreation activities	TOUS02CR09V2/20
10	Administer oxygen in an emergency situation	TOUS02CR12V2/20
11	Provide emergency care	TOUS02CR13V2/20
12	Perform advanced water rescues	TOUS02CR14V2/20
13	Apply supervision techniques in managing groups at aquatic facilities	TOUS02CR10V2/20
14	Develop swimming Skills	TOUS02CR15V2/20
15	Operate and maintain water crafts for rescue operations	TOUS02CR11V2/20
7. Accreditation requirements		The training provider should place trainees in relevant industry or sector to provide the trainees the hands-on experience exposure related to this qualification.
8. Recommended sequencing of units		As appearing under the section 06

Units Details

#	Unit Title	Code	Level	No. of credits	Credit Hours	Contact Hours
01	Develop tourism industry knowledge	TOUCM01V2/20	III	03	30	15
02	Apply work ethics and professionalism	TOUCM02V1/20	III	03	30	15
03	Follow health, safety and security procedures	TOUCM03V2/20	III	03	30	15
04	Practice effective workplace communication	TOUCM04V2/20	III	04	40	20
05	Provide effective customer care	TOUCM05V2/20	III	05	50	25
06	Perform basic computer operations	TOUCM06V2/20	III	03	30	15
07	Provide first aid	TOUCM07V2/20	III	05	50	25
08	Respond to fire	TOUCM08V1/20	III	03	30	15
09	Interpret weather and environmental conditions for outdoor recreation activities	TOUS02CR09V2/20	III	03	30	15
10	Administer oxygen in an emergency situation	TOUS02CR12V2/20	III	05	50	25
11	Provide emergency care	TOUS02CR13V2/20	III	05	50	25
12	Perform advanced water rescues	TOUS02CR14V2/20	III	05	50	25
13	Apply supervision techniques in managing groups at aquatic facilities	TOUS02CR10V2/20	III	05	50	25
14	Develop swimming Skills	TOUS02CR15V2/20	III	05	50	25
15	Operate and maintain water crafts for rescue operations	TOUS02CR11V2/20	III	06	60	30
Total				63	630	315

Packaging of National Qualifications:

National Certificate III in Life Guarding will be awarded to those who are competent in units 1+2+3+4+5+6+7+8+9+10+11+12+13+14+15

Qualification Code: TOUS02Q01L3V2/20

COMPETENCY BASED ASSESSMENT

The final assessment of the National Competency-Based Programmes conducted by the Maldives National Skills Development Authority (MNSDA) is a competency-based assessment.

The Competency-Based Assessment ensures that the students' performance meets the requirements specified in the National Competency Standards (NCS). This assessment approach is designed to verify that graduates are job-ready and meet established occupational competency requirements within their respective fields.

Eligibility for Final Assessment

To be eligible for the final Competency-Based Assessment, students must fulfil the following conditions:

- achieve a **minimum of 80%** attendance
- deemed competent in each of the units of the programme in the pre-assessment

Competency-Based Assessment Process

Upon submission of the Pre-assessment report by the training provider, MNSDA will check for all the necessary supporting documents and conduct Competency-Based Assessment through a National Assessor registered with MNSDA. It is important to note that any trainer involved in the training process is **not permitted** to conduct the assessment to maintain impartiality and integrity of the process.

The final Competency-Based Assessment conducted by MNSDA includes both:

- **Theory:** Evaluating students' knowledge and understanding of key theoretical aspects of the competency.
- **Practical:** Assessing hands-on skills and application of knowledge in real-world or simulated environments.

Once the assessment is completed, the National Assessor will send the Competency-Based Assessment Report to MNSDA.

Competency Status Requirement

For certification to be granted, the student must be officially declared "**Competent**" in each of the units of the programme by the National Assessor.

Conclusion

Competency-Based Assessment is a critical component in ensuring the quality and credibility of technical and vocational skills-based training. By adhering to the outlined procedure, MNSDA upholds the standards required to certify students who are fully prepared to meet industry demands.